

PUBLIKATIONER JÄMLIK HÄLSA

2024

Olofsson J, Sjögren Forss K, Bramhagen AC & Rämgård M (2024) Voices Unheard: A Reflective Lifeworld Research Study of Older Arabic-Speaking Female Migrants and Their Experience of Existential Loneliness. *International Journal of Older People Nursing*, 2024; 19:e12633 <https://doi.org/10.1111/opn.12633>

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Lindsjö C, Kumlien C, Anders Kottorp A, Katarina Sjögren Forss K, Rämgård M (2025). The development process of a type 2 diabetes health-promoting CBPR intervention. *Public Health Education and Promotion* Volume 13 - 2025
| <https://doi.org/10.3389/fpubh.2025.1486996>, publicerad 31 januari 2025.

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Ramji R, Margareta Rämgård M, Carlson E, Shleev S, Awad E, Cirovic S & Kottorp A (2023). Health and quality of life among women after participation in a CBPR-informed physical activity intervention: with a pandemic perspective, *Scientific Report*, 13:17972 | <https://doi.org/10.1038/s41598-023-45239-4>, Nature

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Ramji R, Carlson E, Kottorp A & Rämgård M (2022) Impact of a CBPR -informed physical activity intervention before and during COVID- 19 among women from a disadvantaged neighborhood in Sweden. *Frontiers Public Health* doi: 10.3389/fpubh.2022.997329/

Rämgård M & Sjögren- Forss K (2022) Rapport: Lokalt förankrad vaccineringsstrategi i Skåne under Covid 19 pandemin - Befolkningsgrupper som är svåra att nå, Länsstyrelsen Skåne

Rämgård M, Sjögren - Forss K & Avery H (2022) Empowering communities with Health promotion labs - results from a CBPR program in Malmo, Sweden, *Journal of Health promotion International*,17:37 doi: 10.1093/heapro/daab069.

Rämgård M & Avery H (2022) Lay Health promoters empower neighbourhoods – results from a community - based research program in southern Sweden, *Frontiers Public Health* 10:703423. doi: 10.3389/fpubh.2022.

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Awad E, Ramji R, Cirovic S, Rämgård M, Kottorp a & Shleev S (2021) Developing and evaluating non-invasive healthcare technologies for a group of female participants from a socioeconomically disadvantaged area, *Nature Scientific Reports* (2021) 11: 23896

Lindsjö C, Sjögren Forss K, Kumlien, C & Rämgård M (2021). Health promotion focusing on migrant women through a community-based participatory research approach, *BMC women health*, 21:365

Enskär K, Isma GE. & Rämgård M (2021) Safe environments – through the eyes of 9-year-old schoolchildren from a socially vulnerable area in Sweden. *Child Care Health Development* 47(1):57-69. doi: 10.1111/cch.12809.

Wallerstein N, Belone L, Burgess E, Dickson E, Parajon LC, Rämgård M, Sheikhatteeri P & Silver G. Community Based Participatory Research: Embracing Praxis for Transformation in Burns, D.; Howard, J. and Ospina, S. (eds) (2021) *The SAGE Handbook of Participatory Research and Inquiry*, London: SAGE Publishing.

Sjögren Fors K, Kottorp A, Rämgård M (2021) Working in a penta -helix collaboration in a CBPR-program: "Wrestle with hierarchies and get caught in isolated downpipes". *BMC. Arch Public Health* 79, 27 (2021). <https://doi.org/10.1186/s13690-021-00544-0>

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Ramji R, Carlson E, Kottorp A, Schleev S, Awad E, Rämgård M (2020). Development and evaluation of a physical activity intervention informed by participatory research-a feasibility study. *BMC Public Health* 20:112 impact 3,9

Rathi R, Carlson E, Brogårdh-Roth S, Olofsson-Nilveus A, Kottorp A, Rämgård M (2020). Understanding behavioural changes through community based participatory research to promote socially disadvantaged neighbourhoods in southern Sweden, *BMJ Open*,10'

2019

Slutrapport Vinnova Hälsofrämjande Innovation i samverkan

Doktorsavhandlingar:

Rathi R (2022) Health promotion Interventions informed by community based participatory research in a socially disadvantaged neighbourhood: Development, Exploration and Evaluation, Doktorsavhandling Institutionen för vårdvetenskap, Malmö Universitet

Lindsjö Cecilia (2025) *Health promotion among Middle Eastern migrant women by a community-based participatory research approach*. Disputation 5 juni kl 1300. Fakulteten för Hälsa och samhälle. Institutionen för vårdvetenskap. Opponent Professor Yolanda Suarez Bakazar. University of Illinois, Chicago USA

Lisa Axelsson (2027). Avhandlingsarbete Healthcom- vuxna personer med migrationsbakgrund och barriärer för fysisk aktivitet

Hälsopromotion

Från WHO se till exempel <https://www.who.int/publications/i/item/9789240010529> och World Health Organization. Ottawa Charter for Health Promotion Adopted at an International Conference on Health Promotion the Move Towards a New Public Health Ottawa 17-21 November. (1986). Available online at: http://www.euro.who.int/__data/assets/pdf_file/0004/129532/Ottawa_Charter.pdf, (accessed December 10, 2020).

Teorier och begrepp som Jämlik hälsa bygger på:

Empowerment: Freire P. Pedagogy of the Oppressed. New York, NY: Continuum International (2003),

CBPR (community based participatory research): Israel BA, Eng E, Schulz AJ, Parker EA. Introduction to methods in community-based participatory research for health. *Methods Community- Based Participatory Research Health*. 2005;3:26. Wallerstein N, Duran B, Oetzel

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Situerat Lärande: Wenger E. Communities of Practice: Learning Meaning and Identity, Cambridge: Cambridge University Press (1998)

International collaboration of participatory health research (ICPHR) <http://www.icphr.org/>

Kids in action Lisa Gibbs , Professor Public Health Director, Child & Community Wellbeing Unit, Centre for Health Equity, Melbourne School of Population and Global Health Academic Lead, CommUnity Resilience, Centre for Disaster Management and Public Safety, University of Melbourne <https://findanexpert.unimelb.edu.au/profile/187995-lisa-gibbs>

Nina Wallerstein, Dr.P.H, Professor of Public Health, College of Population Health; Director, Center for Participatory Research <http://cpr.unm.edu>), University of New Mexico

Gemensam publicering exempel:

a) Wallerstein N, Belone L, Burgess E, Dickson E, Parajon LC, Rämngård M, Sheikhatteeri P & Silver G. Community Based Participatory Research: Embracing Praxis for Transformation in Burns, D.; Howard, J. and Ospina, S. (eds) (2021) *The SAGE Handbook of Participatory Research and Inquiry*, London: SAGE Publishing.

b) Abma TA, Cook T, Rämngård M, Kleba E, Harris J, Wallerstein N Social impact of participatory health research: collaborative non-linear processes of knowledge mobilization. *Educational action research*. 2017;25(4):489–505

Penta-helix:

Sjögren Fors K, Kottorp A, Rämngård M (2021) Working in a penta-helix collaboration in a CBPR-program. *BMC. Archives of Public Health* <https://doi.org/10.1186/>)

Beskrivning av modellen: Jämlik hälsa- Hälsofrämjande Innovation i samverkan. 978-91-7877-369-5 (pdf) Hemsida: [Jämlik hälsa: arbetsmodellen | Malmö universitet](#)

Forskningscentrum/externa projekt:

Nytt universitetsövergripande forskningscentrum from 2025 stationerat på Fakulteten för Hälsa och samhälle: Collaboration for citizen health: Director Margareta Rämngård

Externt forskningsprojekt (Rämngård M) tillsammans med forskare från Danmark, Finland, Norge 7 miljoner NKR : Nordforsk forskningsfond [Hälsofrämjande sammanhang i ett samhälle med åldrande befolkning- nordiskt perspektiv på deltagarbaserad forskning med äldre migranter och flyktingar | Malmö universitet](#)